

BHBIRochester.org  
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**Congregation Beth Hamedresh – Beth Israel**

# BULLETIN

Editor: Stan Schaffer

*President: Leon Metlay*  
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*Second Vice-President: Stan Schaffer*  
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## **October President's Message**

Friends,

I wish you all a good and sweet New Year. Shana tovah u'm'tukah. This is the time when we reflect on our lives during the past year and resolve to do better next year. Those of us who attended the Selichot program watched the movie "Rafting to Bombay" in which the characters literally reflected on their lives as they were often filmed in mirrors.

This will be the second year we are using the new Mahzor Lev Shalem. "Lev shalem" means "complete heart" or "wholehearted". But the literal translation is misleading because in Hebrew idiom, "heart" refers to intellect and not to emotion. So, "with a whole heart" means "with all your mind" or "concentrating". In other words, when we are praying on Rosh Hashanah and Yom Kippur we should do it with complete concentration. Yet, it's hard to maintain complete concentration. Many things break into our thoughts. Observations about our neighbors, incidental sounds, thoughts about what's for lunch (on Rosh Hashanah) or on how hungry we are (on Yom Kippur) all intrude. One thing you can do to regain your concentration is to delve into the Mahzor. The old Silverman Mahzor had very little explanation of the prayers. Mahzor Lev Shalem has a treasure trove. Almost every page contains columns on the far left and the far right with commentary. On the Hebrew (right) side of the page there are mostly short paragraphs explaining specific words and concepts. On the opposite side, next to the English translation are what I would call short essays. Sometimes they are a paragraph or two, sometimes much longer. Often the name of the author is given. These more fully discuss concepts and many of them are quite beautiful. As an example, I will refer you to page 71, where the Bar'khu of the morning service is found. On the right side are introductions to the structure of the morning service and explaining some of the words. On the left side are two paragraphs, one of which is attributed to Abraham Joshua Heschel, which talk about the meaning of prayer in general and of the utility of praying with a congregation. As another example, in the Silent Amidah of the Rosh Hashanah Musaf service, on pages 138 and 139, there is an alternative translation of the last blessings of the Amidah and of the concluding meditation. The language is more modern and more direct. I'm personally more comfortable with the more traditional translation, but I'm sure many of you would enjoy the alternative version. So, as you read through the services and sing along with Dr. Kornfeld, if you find your concentration wavering, don't think about lunch, explore the commentary.

I want to thank everyone who makes our High Holy Day services possible, most especially Ira Cohen, Harris Honickman, Judith Mercer, Stan Schaffer, and Steve Teitel. Wish them all a happy New Year.

As with all years, the High Holy Days are immediately followed by Sukkot. We will be putting up the sukkah on Sunday, October 16 at 11 AM. Please join us. That evening we will be hosting Temple Beth Am and Temple Beth David for an evening service at 6 PM followed by dinner in the Sukkah. Please get your reservations in by Yom Kippur and talk to Elaine Schaffer if you would like to help out. The rest of the Sukkot season will be celebrated jointly with the other two shuls as well. Please come to all of our services.

Shana tovah!

*Leon Metlay*

**Shana tova.**

**May you be inscribed for a good year!**

## BHBI CALENDAR OF EVENTS – OCTOBER 2016

Saturday	Oct 1	9:30 AM	Shabbat Morning Service Torah: Nitzavim
Sunday	Oct 2	6:30 PM	Erev Rosh Hashanah 1 <sup>st</sup> Day Service
Monday	Oct 3	9:00 AM 6:15 PM 7:30 PM	1 <sup>st</sup> Day Rosh Hashanah Service Tashlich and Mincha at Lake Riley Erev Rosh Hashanah 2 <sup>nd</sup> Day Service
Tuesday	Oct 4	9:00 AM	2 <sup>nd</sup> Day Rosh Hashanah Service
Saturday	Oct 8	9:30 AM	Joint Shabbat Shuvah Morning Service with Temple Beth Am at BHBI Torah: Vayeilech
Sunday	Oct 9	9:00 AM	Service, Breakfast and Discussion
Monday	Oct 10	7:30 PM	BHBI Board of Trustees Meeting
Tuesday	Oct 11	6:00 PM	Yom Kippur Kol Nidre Service
Wednesday	Oct 12	9:00 AM 4:45 PM 5:45 PM 7:13 PM	Yom Kippur Morning Service and Yizkor Yom Kippur Mincha Service Yom Kippur Ne'ilah Service Yom Kippur Ends
Friday	Oct 14	7:00 PM	Joint Shabbat Evening Service with Temple Beth Am (at TBK Room 103)
Saturday	Oct 15	9:30 AM	Shabbat Morning Service Torah: Ha'azinu
Sunday	Oct 16	9:00 AM 6:00 PM 7:00 PM	Service, Breakfast and Discussion Joint Erev Sukkot 1 <sup>st</sup> Day Service with Temple Beth Am & Temple Beth David at BHBI BHBI/TBA/TBD Joint Sukkot Dinner at BHBI
Monday	Oct 17	9:30 AM 7:00 PM	Joint BHBI/TBA/TBD Sukkot 1 <sup>st</sup> Day Morning Service at Temple Beth Am (at TBK Room 103) Joint Erev BHBI/TBA/TBD Sukkot 2 <sup>nd</sup> Day Service at BHBI
Tuesday	Oct 18	9:00 AM	Joint BHBI/TBA/TBD Sukkot 2 <sup>nd</sup> Day Morning Service at Temple Beth David (in TBK Chapel)
Wednesday	Oct 19	7:30 PM	Small Conservative Synagogue Collaborative Torah Study at BHBI
Saturday	Oct 22	9:00 AM	Shabbat Chol Hamoed Sukkot Morning Service
Sunday	Oct 23	9:00 AM 7:00 PM	Service, Breakfast and Discussion Erev Shemini Atzeret Service with Yizkor with TBA & TBD @TBA (TBK Room 103). Potluck dinner in the sukkah before the service.
Monday	Oct 24	9:00 AM 7:00 PM	Joint Shemini Atzeret Morning Service with TBA & TBD with Yizkor at BHBI Joint Erev Simchat Torah Service at Temple Beth Am (@TBK Room 100)
Tuesday	Oct 25	9:00 AM	Joint Simchat Torah Morning Service with TBA & TBD (at the TBK Chapel)
Friday	Oct 28	7:00 PM	Joint Shabbat Evening Service with Temple Beth Am at BHBI
Saturday	Oct 29	10:00 AM	Joint Shabbat Morning Service with Temple Beth Am at Beth Am (at TBK Room 103) Torah: Bereisheit
Sunday	Oct 30	9:00 AM	Service, Breakfast and Discussion

**DONATIONS**  
**THANK YOU FOR YOUR GENEROSITY!**

**GENERAL FUND**

In memory of Janet Grable  
*The Honickman Family*

In memory of Tanya Yudelson  
*The Honickman Family*

*Jill Clark-Foulkes*

**THANK YOU TO OUR KIDDUSH SPONSORS**  
**FOR THE MONTH OF SEPTEMBER**

September 3	Ruth and Steve Teitel in memory of Ruth's mother, Goldie Glazer
September 10	The Congregation
September 17	The Congregation
September 24	Leon Metlay and Nina Kliensky in honor of Harris Honickman and Ira Cohen for their work in the Ritual Committee

**GOODSEARCH.COM**

Goodsearch.com is an on-line internet search program that pays non-profit organizations like BHBI a fee every time someone uses their search service. Go to [www.goodsearch.com](http://www.goodsearch.com), enter the search term that you want and put in BHBI on the line where it says Who Do You Goodsearch For? BHBI will benefit from each search you make!

**SMALL CONSERVATIVE SHUL COLLABORATIVE TORAH STUDY**

This month's Small Conservative Shul Collaborative Torah Study session will be held at BHBI on Wednesday, October 19<sup>th</sup> at 7:30 p.m. at BHBI. Come and bring your friends. Everyone is welcome! If you haven't attended before, give it a try – you will definitely enjoy the lively discussion.

**MAKE YOUR PURCHASES AT AMAZON.COM**  
**AND SUPPORT BHBI AT THE SAME TIME!**

Why not contribute to BHBI while making on-line purchases? It's easy to make purchases on-line at Amazon.com and support BHBI financially at the same time. Just go to the BHBI web page at [www.BHBIRochester.org](http://www.BHBIRochester.org) and click on the Amazon.com link. Each time you make a purchase after linking to Amazon.com from our web page, BHBI gets a percentage of the purchase price. The more you buy in this way, the more BHBI makes!

**AD SPONSORS**

We are always looking for additional businesses that are interested in placing an ad in the BHBI Bulletin. If you know of someone whose business or company may be interested, contact Stan Schaffer at 473-8072 or by e-mail at [stanschaffer@frontiernet.net](mailto:stanschaffer@frontiernet.net)

**SHABBAT AND HOLIDAY CANDLELIGHTING TIMES**

Sunday, Oct. 2 – 6:30 PM  
Monday, Oct. 3 – 7:28 PM  
Friday, Oct. 7 – 6:21 PM  
Tuesday, Oct. 11 – 6:14 PM  
Friday, Oct. 14 – 6:09 PM  
Sunday, Oct. 16 – 6:06 PM  
Monday, Oct. 17 – 7:05 PM  
Friday, Oct. 21 – 5:58 PM  
Sunday, Oct. 23 – 5:55 PM  
Monday, Oct. 24 – 6:55 PM  
Friday, Oct. 28 – 5:48 PM

## YOU'RE INVITED

Chris and Andrea Paprocki would like to invite the entire congregation to their home at 48 Groton Parkway off of Hollybrook in Henrietta for a dairy lunch after services on the 2<sup>nd</sup> day of Rosh Hashanah, Tuesday, October 4<sup>th</sup> (approximately 2 to 6 p.m.). Please RSVP by contacting Andrea at 334-9254 or at ChanaMalkaNY@yahoo.com

## NEW YEAR'S GREETINGS

*The following members and friends of BHBI wish to send greetings for a happy New Year to the congregation:*

Moris, Terry, Avi, Jeremy and Sabrina Amon  
Ira Cohen  
The Honickman Family  
Sherris and Sherman Kleinstein  
Nina Klionsky, Leon Metlay and Hannah  
The Mercers  
Katharine Metlay  
Dave Rogachefsky  
Sylvia Rose and Paul Rosenfeld  
Stan, Elaine, Aviva, Aaron and Jacob Schaffer  
Tamara Strubel  
Ruth and Steve Teitel  
Ken and Mollie Traub  
Esther Vogelstein



## Join Us for Our Sukkot Dinner Sunday Evening, October 16<sup>th</sup> at 7:00 PM

Cost \$12 for adults, \$8 for children age 12 and under, \$36 family maximum  
The menu will include chicken and vegetables but a vegetarian option will be available.  
Reservations are due by October 11<sup>th</sup>.

You may call in your reservation to BHBI at 244-2060 or e-mail it to BHBIrochester@gmail.com (let us know how many will be attending and if anyone will be requesting a vegetarian meal) or you may send your reservation in by mail with this form:

# of adults attending (@ \$12 each): \_\_\_\_\_  
# of children ages 12 and under attending (@\$8 each): \_\_\_\_\_  
# of vegetarian meals requested: \_\_\_\_\_

Total amount enclosed: \$\_\_\_\_\_

Send your reservation to BHBI, 1369 East Ave., Rochester, NY 14610

## Yahrzeits

At the following Shabbat Services, we will read the names of our late loved ones whose Yahrzeits will occur on that Shabbat or during the following week.

Sept. 30–Oct 1	Elul-Tishrei	October 7-8	Tishrei	October 21-22	Tishrei	October 28-29	Tishrei-Cheshvan
Janet Kanthor*	28	Rose Lewis*	6	Leon Titof	20	Gershon Hinensky*	29
Anna Levin*	28	Annie Schwartz*	6	Stanley Toker*	20	Rona Luxemburg	29
Gerald Glaser*	29	Fannie R. Spector*	8	Tamar Rogachefsky*	22	Herbert Hirsch*	1
Mazel Tov Levy	29	Averil Toker	9	Daniel Horowitz	23	Bessie Miller*	1
Shirley Arlene Dworkin*	1	Fanny Kovel'ski*	10	Beverly Clark*	24	*Denotes name memorialized on BHBI Memorial Plaque	
Ronni Lynn Gordon*	1	Milton Honickman	11	Robert Steinmetz*	24		
David Lester		October 14-15		Tishrei			
Kauffman*	1	Annie Kovel*	14	Morris Album*	25		
Catherine Braz*	3	Harris I. Cenzer*	18	Litman Cohen*	26		
Hyman A. Davis*	5	Ben Hobel*	18				
		Jean Traub*	18				
		Marie L. Steinmetz*	19				

We pray that our mourners will be comforted among all the mourners of Zion and Jerusalem and that the memory of the deceased continues to be a blessing to all who knew them.

## MEMORIAL PLAQUES

You can also memorialize a friend or loved one on a BHBI memorial plaque. Our memorial plaques are very reasonably priced. For more information, contact Stan Schaffer at 473-8072 or stanschaffer@frontiernet.net

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So far our **TOPS** Gift Card fundraiser has been quite successful. Remember, **TOPS** Gift Cards are now available through BHBI in \$50 denominations. To purchase **TOPS** Gift Cards, contact Stan Schaffer at 473-8072 or by e-mail at stanschaffer@frontiernet.net

## CEMETERY PLOTS

Did you know that BHBI has designated sections at Stone Road, Britten Road and Mt. Hope Cemeteries and that we sell cemetery plots? If you would like more information, contact Steve Teitel.

## BHBI WEBSITE

Have you checked out the BHBI web site lately? If you haven't there is a lot that you're missing. The web site at [www.BHBIRochester.org](http://www.BHBIRochester.org) provides information about many aspects of our congregation, lists the BHBI calendar, has electronic versions of this and previous bulletins going back several years, has an extensive history of our congregation along with historic photos, includes photos from several BHBI dinners, picnics and other special events, and has the unique Adon Olam Songbook with information on over 100 melodies for Adon Olam.

OFFICE: The synagogue office is checked regularly for mail and messages. The synagogue phone is 244-2060. For urgent issues, call Leon Metlay at 271-2945 or Stan Schaffer at 473-8072. You can also e-mail us at [BHBIRochester@gmail.com](mailto:BHBIRochester@gmail.com)

WANT TO REMEMBER OR HONOR SOMEONE OR A SPECIAL OCCASION? *Consider sponsoring a kiddush or making a donation to any one of our funds* (General Fund, Kiddush Fund, Harry Rogachefsky BHBI Building Fund, Torah Fund, Rabbi Aaron Solomon Scholarship Fund, Special Events Fund or the Sam Malina Memorial Fund). Please indicate which fund you would like your donation to go to and we will send out an acknowledgement card as you indicate and print an announcement in this bulletin. A standard sponsored kiddush at BHBI costs just \$40 while a larger enhanced kiddush is just \$50.

BULLETIN CONTENT What do you enjoy reading in the BHBI Bulletin? Is there something that you would like added (or taken out)? If so, please let Stan Schaffer know. We always appreciate feedback.

DID YOU MISPLACE YOUR BULLETIN? Don't worry. BHBI Bulletins going back several years can now be found on our web page: [www.BHBIRochester.org](http://www.BHBIRochester.org)

WANT TO GET YOUR BULLETIN HOT-OFF-THE-PRESS? Consider having us e-mail it to you! Contact Stan Schaffer at: [stanschaffer@frontiernet.net](mailto:stanschaffer@frontiernet.net)

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