

BHBIRochester.org
Published Monthly
Vol 57/No. 4
Tevet - Shvat 5783
January 2023

Congregation Beth Hamedresh – Beth Israel

BULLETIN

Editor: Steve Teitel

President: Steve Teitel
Treasurer: Ira Cohen

First Vice-President: Leon Metlay
Recording Secretary: Nina Klionsky

Second Vice-President: Harris Honickman

January's President's Message

Friends,

Our shul Chanukah Party was a big success! It was nice to get together again after our long, covid-induced, suspension of most social activities. I wish to thank everyone who came, and in particular Esther Vogelstein, Ami Schmerl, Leon Metlay and Nina Klionsky who helped to set up, Emily Fishman who helped me to prepare the food, and Steve Gulack, Ami, Leon, Nina, and Ira Cohen for helping to clean up. My apologies if I forgot to include someone.

As another step towards resuming some of our social activities, we have decided to resume having a kiddish luncheon after Shabbat morning service. To start, we will have these only once a month, on the second Shabbat of the month. So our first one will be on January 14. If you would like to sponsor one of these, or help to prepare, please contact the new Chair of our Kiddish Committee, Paula Bobb.

For those of you who asked, here is the recipe for the Chanukah lentil soup:

1.5 cups brown lentils	1/4 cup lemon juice, or to taste
1 large onion, chopped	salt and pepper to taste
1-2 cloves garlic, minced	small size pasta
10 oz spinach, fresh or frozen	4 cups vegetable broth
1 tsp ground coriander	4 cups water
bunch of Italian parsely	

Heat oil in pot and sauté the onion and garlic (careful not to burn the garlic). Add the lentils and stir. Add the vegetable broth and water – you could use all water if you like. Add more or less liquid depending on whether you want a thicker or thinner soup. Turn heat to high. When liquid is boiling, add the spinach, coriander, parsley, half the lemon juice, salt and pepper. Turn down heat to simmer. Cook until lentils are soft, about an hour. About 20 min before the end, add the pasta. Add remaining lemon juice. For those of you who like cilantro, replacing the parsley with cilantro is terrific! You can also add carrots, if you like.

See you at shul,
Steve Teitel



SHABBAT SERVICES

BHBI has in-person **Shabbat Morning Services**, each Saturday at 10 AM. We meet indoors in our sanctuary, where we have six HEPA air filtering units running. All attendees must be vaccinated and wearing a surgical, KN95 or N95 face mask at all times. KN95 masks are available in the sanctuary for those who need. Seating is socially distanced. Sunday morning services continue on Zoom at 9:00 AM, see the shul website for the Zoom link.

Temple Beth Am has **Shabbat Evening Services** on Fridays at 6 PM. Services are in-person at Temple Beth El, usually in the TBE Chapel, and live-streamed on Zoom. For the Zoom link and other details, visit the Beth Am website: <https://bethamrochester.org/>

BHBI Website: www.BHBIRochester.org

BHBI CALENDAR OF EVENTS – JANUARY 2023

Sunday	Jan 1	9:00 AM	Service live streamed, visit www.BHBIRochester.org for the Zoom link
Friday	Jan 6	6:00 PM	Erev Shabbat with Temple Beth Am at Temple Beth El (TBE chapel) and on Zoom – see page 1 for further information (light candles 4:33 PM)
Saturday	Jan 7	10:00 AM	Shabbat Morning Service at BHBI Torah: Lech Vayechi
Sunday	Jan 8	9:00 AM	Service live streamed, visit www.BHBIRochester.org for the Zoom link
Monday	Jan 9	7:30 PM	BHBI Board Meeting on Zoom
Friday	Jan 13	6:00 PM	Erev Shabbat with Temple Beth Am at Temple Beth El (TBE chapel) and on Zoom – see page 1 for further information (light candles 4:40 PM)
Saturday	Jan 14	10:00 AM	Shabbat Morning Service at BHBI Torah: Shemot
Sunday	Jan 15	9:00 AM	Service live streamed, visit www.BHBIRochester.org for the Zoom link
Friday	Jan 20	6:00 PM	Erev Shabbat with Temple Beth Am at Temple Beth El (TBE chapel) and on Zoom – see page 1 for further information (light candles 4:49 PM)
Saturday	Jan 21	10:00 AM	Shabbat Morning Service at BHBI Torah: Va'eira
Sunday	Jan 22	9:00 AM	Service live streamed, visit www.BHBIRochester.org for the Zoom link
Friday	Jan 27	6:00 PM	Erev Shabbat with Temple Beth Am at Temple Beth El (TBE chapel) and on Zoom – see page 1 for further information (light candles 4:58 PM)
Saturday	Jan 28	10:00 AM	Shabbat Morning Service at BHBI Torah: Bo
Sunday	Jan 29	9:00 AM	Service live streamed, visit www.BHBIRochester.org for the Zoom link

DONATIONS THANK YOU FOR YOUR GENEROSITY!

*In memory of beloved mother Barbara Bertman
Renee Bertman-Hilton*

*In memory of Bernard Rodney
Paula Bobb*

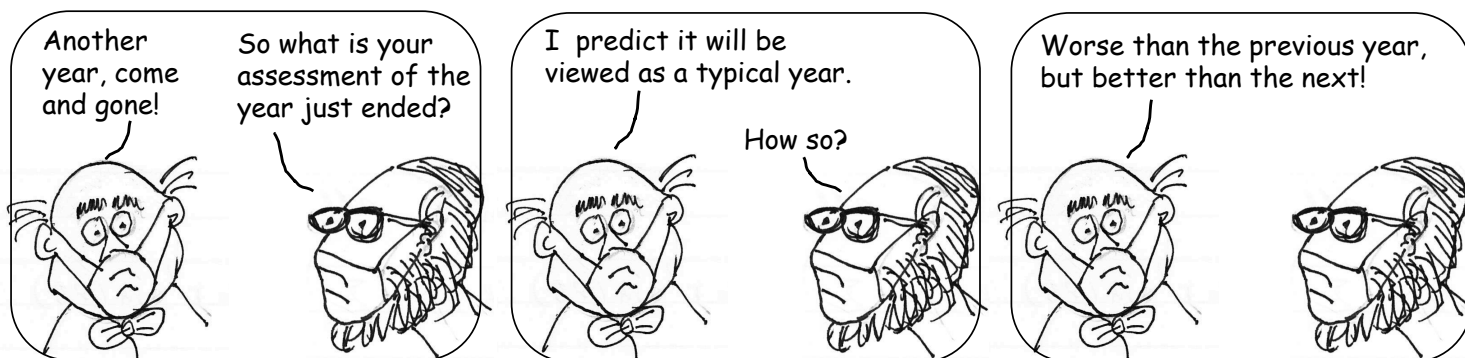
*In memory of Sigmund Traub
Ken and Mollie Traub*

*In memory of Hannah Langerman
Ayala Emmett*

*In memory of Barbara and Irwin Bertman,
Stanley Clark, and Bessie and Sam Gastel
Jill Clark-Foulkes*

From Cindy Halpern

Life in Our Times



YAHREZEITS

At the following Shabbat Services we will read the names of our late loved ones whose Yahrzeits will occur on that Shabbat or during the following week.

Jan 6-7	Tevet	Jan 13-14	Tevet	Jan 20-21	Tevet/Shvat	Jan 27-28	Shvat
Joseph Morris*	14	Anna Buff*	21	Jack Glazer	28	Sidney Applebaum*	6
Celia Suskind*	14	Benjamin Dvorkin*	21	Joe Lazarus*	28	Jacob Komenski*	6
Dora Rogovin*	15	Goldie Simon*	23	Jean Spencer	1	Gidda Strauss*	6
Nathan Goldberg	16	Leah Keyfetz*	24	Morris Weinstein*	2	Morris Suskind*	7
Fannie Sablowsky*	17	Esther Sanzel*	24	Etta Levinson*	4	Hyman Aaron Nusbaum*	8
Philip Sanzel*	17	Samuel Meilstein*	26	Ida Silver*	4	Herman Strauss*	8
Joseph Schiff*	17	Ida Boyarsky*	27			Dvora Brodie*	9
Hannah Senzel*	17					Samuel Goldman*	9
Louis Bernstein*	18			*Denotes name		Daniel Hirsch*	10
Carl Kleinstein*	18			memorialized on		Miriam Weinberger	12
Rose Needler*	18			BHBI Memorial		Joesph Yudelson	12
Estelle Hirsch*	19			Plaque			
Shie Schnidman*	19						

We pray that our mourners will be comforted among all the mourners of Zion and Jerusalem and that the memory of the deceased continues to be a blessing to all who knew them.

MEMORIAL PLAQUES

You can memorialize a friend or loved one on a BHBI memorial plaque. Our memorial plaques are very reasonably priced. For more information, contact Leon Metlay at BHBIRochester@gmail.com.

CEMETERY PLOTS

Did you know that BHBI has designated sections at Stone Road, Britton Road and Mt. Hope Cemeteries and that we sell cemetery plots? If you would like more information, contact Steve Teitel at BHBIRochester@gmail.com.

AD SPONSORS

We are always looking for additional businesses that are interested in placing an ad in the BHBI Bulletin. If you know of someone whose business or company may be interested, contact Ira Cohen at 943-1040 or by e-mail at gouldron@aol.com

TOPS CARDS

Remember, *TOPS* Gift Cards are available through BHBI in \$50 denominations. To purchase *TOPS* Gift Cards, contact Ira Cohen at 943-1040 or by e-mail at gouldron@aol.com

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Hannah Metlay
Photographer

hannahrenametlay@gmail.com
Call only: 585-286-2560
hannahrenametlay.wixsite.com/hrmpphotography7
Text only: 585-405-3233

OFFICE: The synagogue office is checked regularly for mail and messages. The synagogue phone is 244-2060. For urgent issues, call Steve Teitel at 473-5741 or Harris Honickman at 271-5145. You can also e-mail us at BHBIRochester@gmail.com

WANT TO REMEMBER OR HONOR SOMEONE OR A SPECIAL OCCASION? *Consider sponsoring a kiddush or making a donation to any one of our funds* (General Fund, Kiddush Fund, Harry Rogachefsky BHBI Building Fund, Torah Fund, Rabbi Aaron Solomon Scholarship Fund, Special Events Fund or the Sam Malina Memorial Fund). Please indicate which fund you would like your donation to go to and we will send out an acknowledgement card as you indicate and print an announcement in this bulletin. A standard sponsored kiddush at BHBI costs just \$40 while a larger enhanced kiddush is just \$50 – *kiddushim, which were suspended due to COVID, are now being resumed on a once a month basis on the 2nd Shabbat of each month.*

BULLETIN CONTENT What do you enjoy reading in the BHBI Bulletin? Is there something that you would like added (or taken out)? If so, please let Steve Teitel know. We always appreciate feedback.

DID YOU MISPLACE YOUR BULLETIN? Don't worry. BHBI Bulletins going back several years can now be found on our web page: www.BHBIRochester.org

WANT TO GET YOUR BULLETIN HOT-OFF-THE-PRESS? Consider having us e-mail it to you! Contact Steve Teitel at: BHBIRochester@gmail.com

Congregation Beth Hamedresh-Beth Israel
1369 East Avenue
Rochester, NY 14610